

1 **A process-based framework for quantifying the atmospheric preconditioning**  
2 **of surface triggered convection**

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11

12 **Abstract**

13 Here we introduce the heated condensation framework, which contains a suite of  
14 variables for isolating the atmospheric boundary state from local surface forcing.  
15 The buoyant condensation level (BCL) and buoyant mixing temperature ( $\theta_{\text{BM}}$ )  
16 quantify the degree to which the atmosphere is preconditioned for moist convection  
17 and can be calculated for any time of day or year using standard vertical profiles of  
18 temperature and humidity. Unlike the lifted condensation level and convective  
19 inhibition, the BCL is constructed through incremental mixing from the surface  
20 rather than lifting a hypothetical parcel. In this regard, the BCL represents a  
21 conserved condensation level diagnostic inherent to a given profile. The BCL and  
22  $\theta_{\text{BM}}$  are shown to be applicable over a range of climate regimes, and responds to  
23 synoptic and mesoscale forcings, illustrating its broader utility. A suite of variables  
24 relating the BCL directly to surface fluxes is also introduced.

25

## 26 **1. Introduction**

27           The role of the land surface in triggering and amplifying precipitation has  
28 been the focus of recent research [e.g., *Zhang and Klein, 2010; Findell et al., 2011;*  
29 *Gentine et al., 2013b; Santanello et al., 2013*] reflecting the ability of soil moisture  
30 states to affect precipitation [*Fennessy and Shukla, 1999; Betts, 2004*]. This coupling  
31 has been most strongly identified over semi-arid regions [*Guo et al., 2006; Koster et*  
32 *al., 2006*] due to greater flux sensitivity and variability [*Dirmeyer, 2011*]. Thus the  
33 potential exists for improved seasonal predictability by better representation of soil  
34 moisture [*Guo et al., 2011; Koster et al., 2011*]. To better understand the impact of  
35 surface forcing on precipitation, atmospheric preconditioning (the synoptic  
36 background state) must be quantified in a manner physically consistent with land-  
37 boundary layer interactions.

38           The growth of the planetary boundary layer (PBL) throughout the day is a  
39 function of the interplay between surface fluxes, the vertical profile of the  
40 overlying atmosphere, and advection [*Betts, 2000, 2009; Berg and Stull, 2004*]. As  
41 the surface is heated by incident radiation, near-surface air becomes more  
42 buoyant. Rising air mixes upward, homogenizing the air within the growing PBL  
43 while entraining relatively dry air from the free troposphere [*Berg and Stull, 2004;*  
44 *Betts, 2009*]. This results in near-constant potential temperature and water vapor  
45 mixing ratio profiles, and also serves to define the PBL height itself. Clouds may  
46 form if the top of the PBL is sufficiently cooled [*Gentine et al., 2013a; Zhang and*  
47 *Klein, 2013*], potentially producing precipitation [*Haiden, 1997*].

48           Treating land-atmosphere interactions as a cascade of steps from the surface

49 to the atmosphere allows the relative importance of different processes to be  
50 isolated [Seneviratne et al., 2010; Santanello et al., 2011]. Efforts have been made to  
51 derive metrics for quantifying these particular steps [De Ridder, 1997; Findell and  
52 Eltahir, 2003; Ek and Holtslag, 2004; Santanello et al., 2009; van Heerwaarden et al.,  
53 2010; Ferguson et al., 2012]. However, disentangling the large-scale forcing from  
54 the local land surface forcing has been particularly difficult [Berg and Stull, 2004;  
55 Ferguson and Wood, 2011]. Findell and Eltahir [2003] introduced a method using  
56 morning soundings that identifies certain regimes where the land surface may  
57 influence convective triggering. Although this method was robust over Illinois,  
58 Ferguson and Wood [2011] had to modify thresholds to be suitable globally when  
59 using remote sensing data. Other studies have quantified the free tropospheric  
60 stability using temperature and specific humidity lapse rates above the PBL within  
61 the context of convective triggering [De Ridder, 1997; Ek and Holtslag, 2004; Gentine  
62 et al., 2013b]. This is typically done using a "jump" criterion in a single-column  
63 model where conserved fields (potential temperature and specific humidity) are  
64 perturbed at the top of the mixed layer mimicking the transition to the free  
65 troposphere. Conserved parcel metrics such as the lifted condensation level (LCL),  
66 the level of free convection (LFC), and convective inhibition (CIN), have also been  
67 used as diagnostics for identifying convective triggering [Betts, 2004; Guichard et al.,  
68 2004; Zhang and Klein, 2010; Santanello et al., 2011]. Santanello et al. [2011]  
69 showed that when the LCL is below the PBL depth, convection may occur providing  
70 a necessary but not sufficient condition for convective triggering. Gentine et al.  
71 [2013b] used the difference between the mixed-layer and saturation equivalent

72 potential temperature above the inversion to diagnose the difference between  
73 active and forced convection.

74         These methods typically neglect the incremental growth of the PBL by one of  
75 two assumptions: 1) basing metrics on atmospheric states at arbitrary heights or 2)  
76 lifting a parcel from a certain height without allowing the parcel to mix with its  
77 surroundings. This is problematic especially on hourly timescales where LCL, LFC,  
78 and CIN are seen to vary substantially throughout the day [Guichard *et al.*, 2004;  
79 Betts, 2009], making it difficult for such metrics to identify a representative  
80 atmospheric background state with respect to convection.

81         Here we introduce a new diagnostic framework, the heated condensation  
82 framework (HCF), which defines the buoyant condensation level (BCL) and the  
83 buoyant mixing potential temperature ( $\theta_{BM}$ ). These two variables quantify how  
84 conditioned the atmosphere is to moist free convection due to surface heating. The  
85 HCF variables are calculated using standard meteorological soundings (specific  
86 humidity and temperature profiles) and may be calculated for any time of day. The  
87 framework produces a suite of other quantities that provide insight into the  
88 conditions necessary for triggering convection, but the primary focus here will be on  
89 variables that quantify the atmospheric background state (e.g. the BCL and  $\theta_{BM}$ )  
90 with brief mention of how to calculate HCF variables related to surface fluxes. These  
91 HCF surface flux variables will be more thoroughly explored in a subsequent paper.

92

## 93 **2. Heated Condensation Framework**

94         The BCL is defined as the level at which saturation would occur through

95 buoyant mixing alone due to sensible heating from the surface. Alternatively, the  
96 BCL is the height the growing PBL needs to reach for saturation to occur without the  
97 addition or removal of moisture from the column. To find the BCL, a hypothetical  
98 boundary layer is constructed using the vertical profiles of potential temperature,  $\theta$ ,  
99 and specific humidity,  $q$ . This is done in four steps illustrated by the thermodynamic  
100 profiles in Figure 1. 1) First, increase the near-surface potential temperature ( $\theta_{2m}$ )  
101 by a small increment,  $\Delta\theta$  (Figure 1a). 2) Find the height where the perturbed near-  
102 surface parcel ( $\theta_{2m} + \Delta\theta$ ) is neutrally buoyant (Figure 1b). 3) Mix the specific  
103 humidity profile from the surface to the level of neutral buoyancy returning a  
104 constant mixed layer humidity,  $q_{mix}$  (Figure 1b). 4) Upon mixing, check if saturation  
105 occurs at the top of the potential mixed level (PML) by comparing  $q_{mix}$  and the  
106 saturation specific humidity at the PML,  $q^*(\theta_{pml})$ . The sequence is repeated until  
107 saturation occurs (Figure 1c). Note that the BCL is a special case of the PML when  
108 saturation is reached (e.g.  $q^*(\theta_{pml}) - q_{mix} = 0$ ), where the sum of all  $\Delta\theta$  increments  
109 required to attain the BCL is the total energy deficit,  $\theta_{def}$  (Figure 1c). Unlike parcel-  
110 derived metrics (LCL, LFC, CAPE, and CIN) that change for a given profile depending  
111 on the parcel selected for lifting, the BCL is an inherent property of a given profile  
112 that does not vary unless the temperature and humidity profiles change. This  
113 makes the BCL height independent from the initial  $\theta_{2m}$  and is therefore insensitive  
114 to the starting temperature (e.g. time of day) as long as the  $q$  and  $T$  profiles do not  
115 change.

116 Other useful quantities can also be derived within this framework.

117 Specifically, the buoyant mixing potential temperature,  $\theta_{BM}$ , identifies the near-

118 surface potential temperature required to attain the BCL height ( $\theta_{BM} = \theta_{2m} + \theta_{def}$ ).  
119 Before the BCL height is reached (step 4; Figure 1b) a moisture deficit at the top of  
120 the potential mixed layer (PML) can be calculated ( $q_{def} = q^*(\theta_{pml}) - q_{mix}$ ).  $\theta_{def}$  and  $q_{def}$   
121 are both easily translated into time integrated surface flux units. For example,  
122 multiplying  $q_{def}$  by the column density ( $\rho_h$ ) of the potential mixed level returns the  
123 amount of moisture (either through evapotranspiration or advection) needed to be  
124 injected into the PML for saturation to occur at a given potential temperature.  
125 Similarly,  $\theta_{def}$  multiplied by the specific heat capacity ( $c_p$ ) and mean column density  
126 ( $\rho_h$ ) returns the necessary sensible heat energy. Therefore during each  $\Delta\theta$   
127 increment the amount of heat input ( $c_p\rho_h\Delta\theta$ ) and moisture input ( $\rho_hq_{def}$ ) necessary  
128 for saturation can be quantified.

129

### 130 **3. Data**

#### 131 *3.1 Integrated Global Radiosonde Archive*

132 Vertical profiles of temperature and humidity are provided by the Integrated  
133 Global Radiosonde Archive [IGRA; Durre *et al.*, 2006]. The IGRA is a global quality  
134 controlled sounding dataset with the greatest spatial and temporal coverage over  
135 the United States and Europe typically measuring at 0000UTC and 1200UTC. Here  
136 we focus on the continental United States (23-50°N and 130-66°W) with data from  
137 January 1970 to June 2013 where available. To be used, each sounding must have at  
138 least 8 levels with 60% soundings for a station recording more than 20 levels.  
139 Additionally, soundings are filtered to include only those that reach 600 hPa to  
140 ensure sufficient vertical resolution when calculating the HCF variables. Finally,

141 stations must have at least 500 soundings to be included in the climatological  
142 analysis (Section 4.2).

143

### 144 *3.2 Rapid Refresh*

145 One week of output (July 23<sup>rd</sup> to July 30<sup>th</sup> 2012) from the Rapid Refresh (RAP)  
146 forecast model system, the next generation of the Rapid Update Cycle (RUC)  
147 [Benjamin *et al.*, 2004], is used to illustrate the utility of the HCF on hourly  
148 timescales. RAP is an operational short-range weather forecast system using the  
149 regional Weather Research and Forecast model (WRF-ARW version 3.3) [Skamarock  
150 *et al.*, 2008] to produce hourly forecasts over North America. The RAP model has 50  
151 vertical levels up to 10 hPa and a horizontal grid spacing of 13 km. Here we use  
152 output from the first forecast hour providing a close representation of the  
153 assimilated observations. Instantaneous vertical profiles of temperature, specific  
154 humidity, and cloud cover are used, in addition to total accumulated precipitation  
155 over the prior hour.

156

## 157 **4. Results**

### 158 *4.1 Event Application of HCF*

159 A maritime (Miami, Florida) and a continental (Amarillo, Texas) radiosonde  
160 station are examined for a week in July spanning days of year (DOY) 205-212  
161 (Figure 2). Miami and Amarillo are among the stations in Figure 3.  $\theta_{2m}$  is compared  
162 against  $\theta_{BM}$  instead of comparing the BCL and PBL heights to avoid uncertainties  
163 regarding definition and calculation of boundary layer height [Seidel *et al.*, 2010;

164 *LeMone et al., 2013*]. Note that the  $\theta_{\text{BM}} - \theta_{2\text{m}}$  comparison provides the same  
165 information regarding the departure from saturation as the BCL-PBL comparison  
166 except in a different parameter space.

167         Although Miami and Amarillo represent two distinct climate regimes, at both  
168 stations precipitation and cloud cover are absent on days when daytime  $\theta_{\text{BM}}$  is much  
169 larger than  $\theta_{2\text{m}}$  (Figure 2). Further,  $\theta_{\text{BM}}$  calculated from RAP is shown to closely  
170 follow  $\theta_{\text{BM}}$  calculated from morning (1200UTC) and afternoon (0000UTC) IGRA  
171 observations, providing confidence in the hourly RAP output (Figure 2). For Miami,  
172  $\theta_{\text{BM}}$  shows strong diurnal variations with a minimum of 300 K, typically during mid-  
173 morning, and a maximum at night greater than 310 K. This suggests that there is a  
174 strong diurnal change in low-level moisture consistent with a land-sea breeze (see  
175 supplementary material for further discussion of the Miami land-sea breeze.)  
176 Convection appears to be controlled by the rapid daytime decrease of  $\theta_{\text{BM}}$  (e.g.  
177 moistening of the large-scale background state and lowering BCL height) during this  
178 week.

179         At Amarillo there is little diurnal variability in  $\theta_{\text{BM}}$ , suggesting that the  
180 atmospheric background state is not largely influenced by local surface forcing  
181 during this week (Figure 2). Additionally,  $\theta_{\text{BM}}$  rapidly increases during the evening  
182 of DOY 209, during which time clear-sky conditions persist. This increase in  $\theta_{\text{BM}}$   
183 occurred when a ridge developed over the central US producing an upper level high-  
184 pressure system centered over northern Texas (see supplementary material for  
185 further discussion.) However, there are times when clouds and precipitation occur  
186 without a  $\theta_{\text{BM}} - \theta_{2\text{m}}$  intersection, namely at night for DOY 205-209. Because the HCF

187 is developed to diagnose convective triggering due to surface heating, nocturnal  
188 precipitation events associated with eastward propagating mesoscale convective  
189 complexes (MCCs) [Moncrieff, 2013] over the central US likely would not influence  
190  $\theta_{\text{BM}}$  unless near-surface vertical profiles of  $q$  and  $\theta$  were impacted. This is discussed  
191 further in Section 5. Overall we see the ability of the HCF to capture the background  
192 atmospheric state for non-precipitating transient synoptic systems (Amarillo high  
193 pressure system) and changes in mesoscale circulation (Miami land-sea breeze.)

194

#### 195 *4.2 BCL Height Climatology*

196 The mean and standard deviations of the BCL height are presented by season  
197 over the US, using several decades of 1200UTC IGRA data (Figure 3). The lowest BCL  
198 heights occur over the southeastern US and the highest values are over the  
199 southwestern US during the summer months (JJA) with a gradual transition from  
200 low to high values moving westward. The seasonal cycle of average BCL height is  
201 strongest in the southern half of the US and east of the Rocky Mountains with a  
202 winter (DJF) maximum between 3.8-5 km and a summer (JJA) minimum of 1.5-3.5  
203 km. This is expected because convective activity typically peaks during the summer  
204 months. Conversely, the seasonal cycle for the northwest US is weaker and has the  
205 lowest BCL heights in DJF and highest in JJA. The Southwest shows almost no  
206 seasonal variation in BCL height (Figure 3).

207 The pattern of BCL height variability ( $\sigma_{\text{BCL}}$ ) does not change from fall (SON)  
208 through spring (MAM). However, there is a strong reduction in variability that  
209 occurs during JJA from the Southeast through the Plains and Rocky Mountains

210 (Figure 3). Furthermore,  $\sigma_{\text{BCL}}$  has the most pronounced seasonal cycle over the  
211 Southeast with the BCL height varying by more than 2.5 km from day-to-day in DJF  
212 and less than 1.5 km in JJA.

213         Considering the seasonal behavior of BCL height, locations where the land  
214 surface may play a role in triggering convection can be deduced and highlighted for  
215 further investigation. Focusing on JJA, the BCL height patterns can be qualitatively  
216 separated into three categories: areas where the BCL height is 1) low, making  
217 convection likely under most surface (soil moisture) conditions, 2) attainable under  
218 specific surface conditions making convection conditional on the land surface state,  
219 and 3) so high as to make moist convection unattainable. Note that these categories  
220 mirror the land-atmosphere regimes described by Findell and Eltahir [2003];  
221 however, the BCL height has the advantage of summarizing the background state in  
222 a single metric without requiring the selection of arbitrary humidity or stability  
223 levels making the BCL height (or  $\theta_{\text{BM}}$ ) more globally applicable.

224         To provide an examination of the likelihood of convective triggering, the  
225 average  $\theta_{\text{def}}$  is also presented (Figure 3), where smaller values represent a greater  
226 chance of triggering. The seasonal cycle is amplified when presented in terms of  
227  $\theta_{\text{def}}$ , with DJF requiring an increase of more than 28 K from the morning  $\theta_{2m}$   
228 (1200UTC) on average for most of the US and less than 18 K for JJA (Figure 3). As a  
229 first approximation for identifying the three regimes, terciles of the average  $\theta_{\text{def}}$   
230 across all stations and seasons were calculated, where values less than 16 K (~33<sup>rd</sup>  
231 percentile) represent the first regime, values between 16-23 K represent the second  
232 regime, and values greater than 23 K (~67<sup>th</sup> percentile) the third. The Southeast

233 and Gulf Coast would likely fall under the first regime because an increase in surface  
234 potential temperature of less than 16 K is required on average to trigger convection  
235 for JJA. The West Coast would lie in the third regime (convection unattainable over  
236 any surface) because morning (1200UTC)  $\theta_{2m}$  would need to increase by more than  
237 23 K to trigger convection. The Central Plains, typically identified as a land-  
238 atmosphere coupling hotspot [Koster *et al.*, 2006], and the Great Lakes region fall  
239 into the second regime, suggesting that convection may be favored if there is a  
240 sustained moisture source (through low-level moisture convergence or  
241 evapotranspiration) into the PBL or the surface is sufficiently dry making it capable  
242 of overcoming the 16-23 K temperature deficit (Figure 3). Station-specific  
243 parameters that influence the diurnal temperature range (such as vegetation type,  
244 soil moisture, and soil properties) could influence the boundary between the three  
245 regimes. To more rigorously categorize these regimes, the diurnal evolution of  $\theta_{def}$   
246 must be examined. However, IGRA observations do not provide sufficient hourly  
247 resolution to perform this analysis.

248

## 249 **5. Discussion and Conclusions**

250 A process-based diagnostic framework (HCF) is introduced to quantify the  
251 atmospheric background state within the context of land-boundary layer  
252 interactions. The HCF has advantages that make it useful for studying the impact of  
253 surface fluxes on convective triggering. First, the construction of the BCL height  
254 mimics the evolution of the convective boundary layer and initiation of convection  
255 to first order (Figure 1). Rather than lifting a hypothetical unmixed parcel, the HCF

256 constructs a hypothetical boundary layer by incrementally inputting heat at the  
257 surface. Information regarding the atmospheric background state (via BCL height  
258 and  $\theta_{BM}$ ) and surface energy interaction can be derived (using  $\theta_{def}$  and  $q_{def}$ ) that are  
259 physically consistent with PBL development. The BCL height and  $\theta_{BM}$  are diagnostic  
260 properties of a given profile not subject to parcel selection bias. The BCL is similar to  
261 the mixing condensation level (MCL), which has long been used for examining fog  
262 [Petterssen, 1939] and marine stratocumulus [Miller et al., 1998]. The primary  
263 difference is that the MCL assumes wind-driven mixing of both the  $\theta$  and  $q$  profiles,  
264 whereas the BCL assumes buoyancy-driven mixing by perturbing  $\theta_{2m}$  and mixing the  
265  $q$  profile. An analogy could also be drawn with the convective condensation level  
266 (CCL); however, like the LCL, the CCL is calculated by lifting a parcel of water vapor  
267 that does not mix with its surroundings, resulting in the same shortcomings  
268 discussed above.

269 Another advantage is that an atmospheric background state can be calculated  
270 during any time of day (Figure 2) or year (Figure 3). This allows for the evaluation  
271 of land-atmosphere coupling on a hourly basis without having to remove weather  
272 variability by time-averaging [cf., Betts, 2004; Guo et al., 2006; Koster et al., 2006].  
273 The HCF may be easily applied because only temperature and humidity profiles are  
274 required. The sensitivity of the HCF to vertical resolution needs to be examined  
275 further, however, preliminary analysis shows that mean BCL height changes by less  
276 than +/- 500m for 75% of 1200UTC soundings when the number of IGRA vertical  
277 levels are halved. Additionally, when analyzing 1200UTC soundings BCL height  
278 climatology (Figure 3), the difference in solar time across the US introduces biases

279 of less than 160 meters for most stations when using hourly RAP output from July  
280 2012.

281         Similar to other column-derived metrics [*De Ridder, 1997; Findell and Eltahir,*  
282 2003], a primary shortcoming of HCF is its inability to distinguish between transient  
283 and locally-driven precipitation. Although it was shown to capture low-level  
284 moisture advection (Figure 2), a passing precipitation event may rapidly lower the  
285 BCL height through re-evaporation of precipitation within the PBL. This makes the  
286 signal between re-evaporation and rapid low-level moisture convergence difficult to  
287 determine without sub-hourly profiles or information of surrounding synoptic  
288 conditions. Therefore, although the evolution of the atmospheric background state  
289 is accurately captured, more information would be required to identify the specific  
290 process. Combining BCL information with existing coupling diagnostics, such as the  
291 LCL deficit representation of near-surface parcel forcing [*Santanello et al., 2011*],  
292 may help identify the role of the land surface in triggering and enhancing  
293 convection.

294

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301

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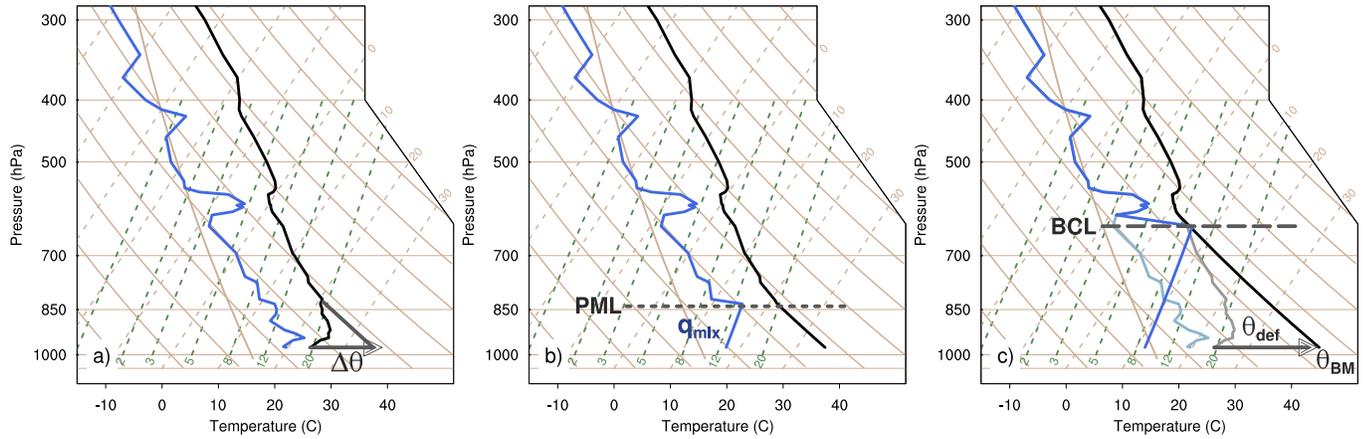
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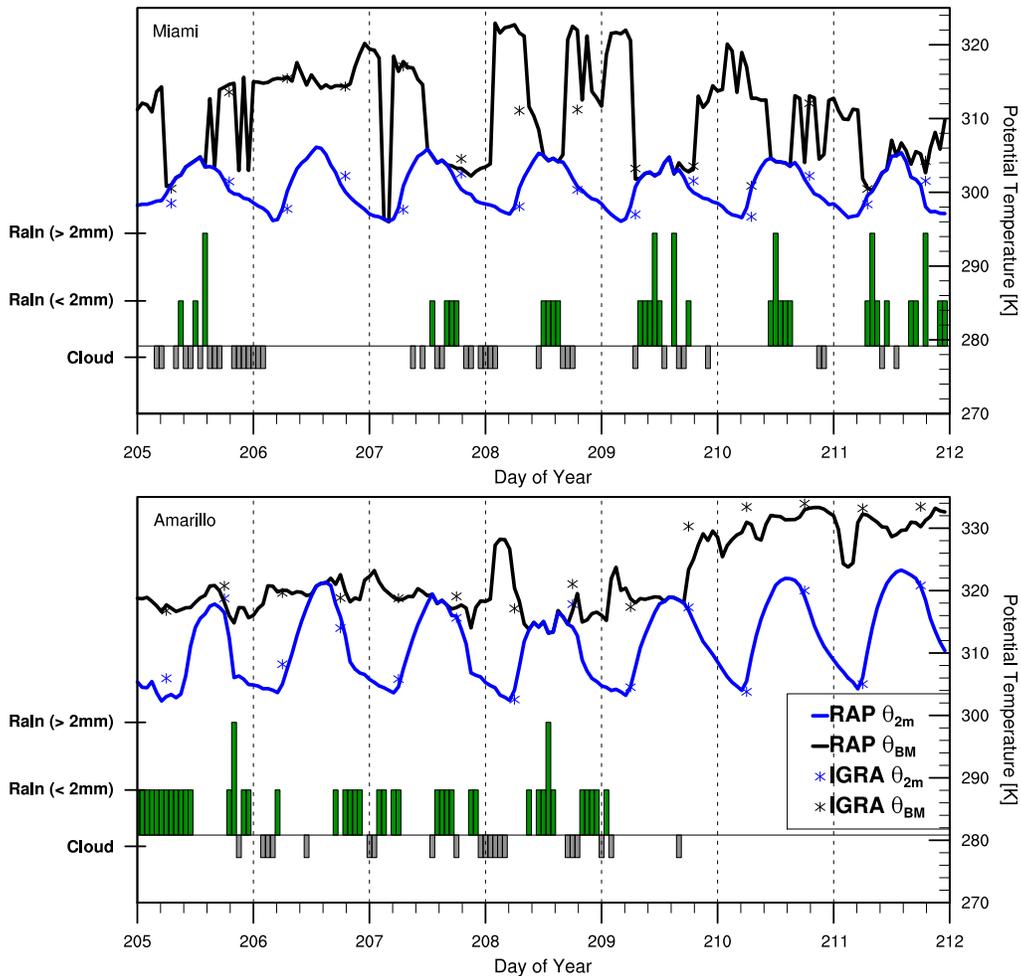
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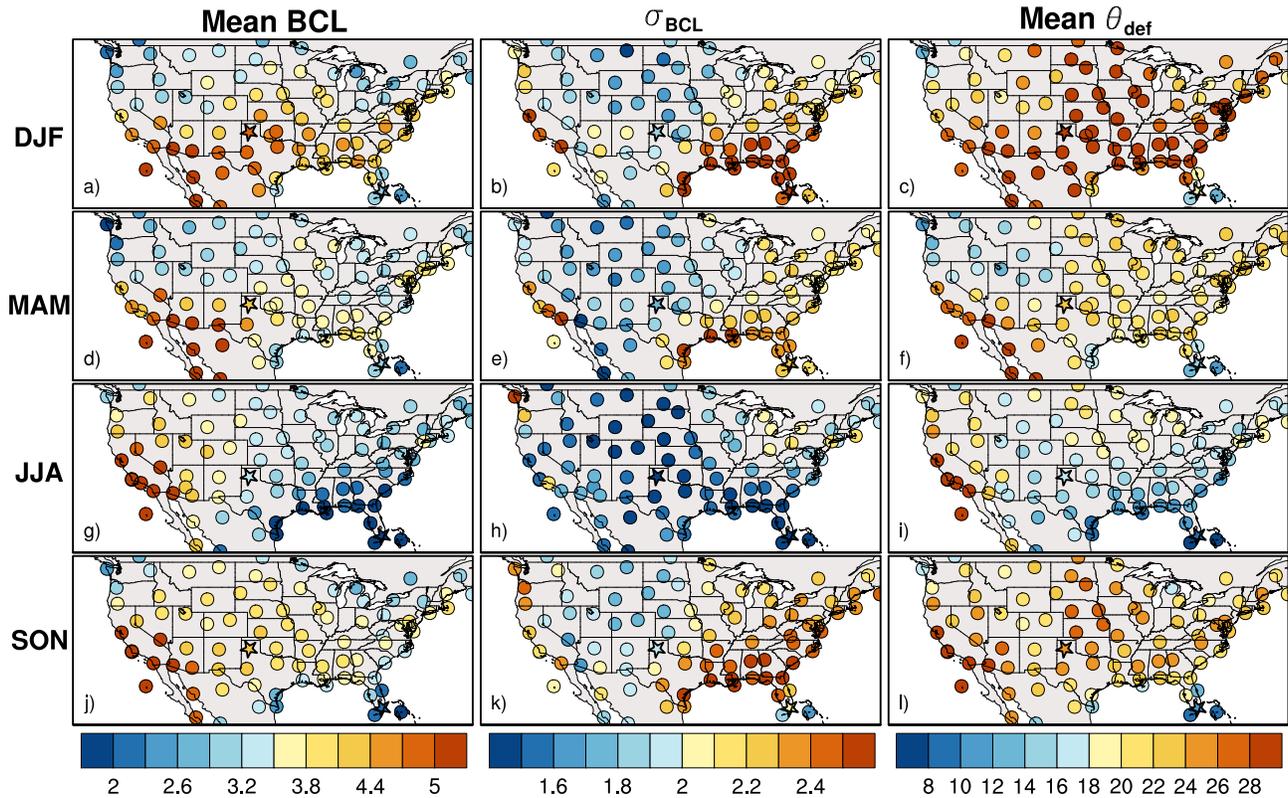


418 Figure 1: Thermodynamic profiles (e.g. skewT-logP diagrams) of temperature  
 419 (black) and dew point temperature (blue) illustrating the steps for calculating the  
 420 buoyant condensation level (BCL), buoyant mixing temperature ( $\theta_{BM}$ ), and mixed  
 421 layer specific humidity ( $q_{mix}$ ). Dashed green lines represent constant mixing ratio  
 422 lines, dashed tan lines represent isotherms and solid tan lines are dry adiabats. a)  
 423 describes the first step where  $\theta_{2m}$  is perturbed by some increment,  $\Delta\theta$ . b) identifies  
 424 the height, the potential mixed level (PML), where the perturbed surface parcel ( $\theta_{2m}$

425 +  $\Delta\theta$ ) is neutrally buoyant and the humidity profile is mixed from the PML to the  
426 surface. c)  $\theta_{2m}$  is perturbed until saturation occurs at the PML and the level is  
427 identified as the BCL.  $\theta_{def}$  is the total potential temperature increment necessary to  
428 reach  $\theta_{BM}$  from the initial  $\theta_{2m}$ . Faint blue and grey lines in c) refer to the  
429 unperturbed profile shown in a) as a reference.  
430



431 Figure 2: Hourly buoyant mixing potential temperature,  $\theta_{BM}$ , from RAP (black line)  
 432 and IGRA soundings (black asterisk) compared against hourly 2-meter potential  
 433 temperature from RAP (blue line) and first sounding level potential temperature  
 434 from IGRA (blue asterisk) from July 23<sup>rd</sup> to July 30<sup>th</sup> 2012 for Miami, Florida  
 435 (25.75°N and 80.83°W) and Amarillo, Texas (35.23°N and 101.70°W). RAP  
 436 precipitation (green bars) is binned by hourly accumulations greater than 2 mm and  
 437 less than 2 mm. Grey bars represent the presence of non-precipitating clouds lower  
 438 than 8 km above the ground also from RAP. Stations are identified in Figure 3.  
 439



440 Figure 3: Seasonal cycle of average buoyant condensation level (BCL in km; left),  
 441 intra-seasonal variability of the BCL ( $\sigma_{\text{BCL}}$  in km; middle), and average additional  
 442 temperature increase necessary to trigger convection ( $\theta_{\text{def}}$  in K; right) at IGRA  
 443 stations for 1200UTC soundings. The stars represent the Amarillo, Texas and  
 444 Miami, Florida stations.

